Nova Scotia:

Exemptions to wearing a mask include:

> children under the age of 2
> children 2 to 4 when their caregiver can't get them to wear a mask
> children 12 and younger when attending a recreational day camp or overnight summer camp
> children 12 and younger in childcare settings
> anyone with a valid medical reason for not wearing a mask
> anyone who is reasonably accommodated by not wearing a mask under the Human Rights Act (PDF)
> anyone who is unable to remove the mask without assistance
> anyone who is eating or drinking in a restaurant, liquor licensed (drinking) establishment, food court at a shopping centre or food store, movie theatre or in any other location where food or beverages are being served
> people in a courtroom, jury room or secured area in a courthouse, or room where a legislative administrative tribunal is meeting
> performer or officiant who is performing activities that require vocalization (like talking or singing) at a faith gathering, wedding, funeral, social event, or arts and culture event
> You can remove your mask momentarily for identification purposes.

Medical reasons for not wearing a mask

> Wearing a mask helps to prevent the spread of COVID-19 and helps protect people who are around you. There are very few medical reasons not to wear a mask. Wearing a mask doesn't worsen chronic lung conditions like asthma or chronic obstructive pulmonary disease (COPD). You should wear a non-medical mask unless you have a medical reason for not wearing a mask (like people with cognitive or developmental disabilities who can't wear a mask). Children under the age of 2 shouldn't wear a mask.
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> If you have chronic breathing problems or a mental health condition that creates anxiety, you may be able to work on ways to overcome the anxiety (like wearing a mask for short periods of time at home). You can try different types of masks and choose one you're comfortable with. You can also talk to a doctor or pharmacist about it.

Updated:
September 2021

https://novascotia.ca/coronavirus/masks/#Exemptions